September 2016
St. Jerome
LUNCH MENU

To order go to https://nutritiononeslp.orderlunches.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 * **Mac & Cheese** *** Hero Sub** *** Chicken Caesar Shaker Salad** - w/ Cucumber Coins & Apple	2 **NO MEAL SERVICE**
5 **NO MEAL SERVICE**	6 * **Fiesta Enchilada Bowl** *** Turkey Sub** *** Ranch Chicken Shaker Salad** - w/ Pinto Beans & Watermelon	7 * **Sardella's Pepperoni Pizza** *** Ham Sub** *** Buffalo Chicken Shaker Salad** - w/ Garden Salad & 100% Fruit Punch	8 * **Spaghetti & Meatballs** *** Hero Sub** *** Chicken Caesar Shaker Salad** - w/ Cucumber Coins & 100% Grape Juice	9 * **Beef & Cheese Taco Snack** *** Club Sub** *** Popcorn Chicken Shaker Salad** - w/ Chili Lime Carrots & Cantaloupe
12 * **Grilled Cheese Sandwich** *** Chicken Taco Shaker Salad** - w/ Ranch Beans & 100% Apple Juice	13 * **Cheeseburger Mac** *** Turkey Sub** *** Ranch Chicken Shaker Salad** - w/ Ranch Carrots & Peaches & Strawberries	14 * **Sardella's Cheese Pizza** *** Ham Sub** *** Buffalo Chicken Shaker Salad** - w/ Garden Salad & 100% Fruit Punch	15 * **Chicken Teriyaki w/ WG Rice** *** Hero Sub** *** Chicken Caesar Shaker Salad** - w/ Celery Sticks & Pineapple Tidbits	16 * **Buffalo Popcorn Chicken & Tots** *** Club Sub** *** Popcorn Chicken Shaker Salad** - w/ Tater Tots & Watermelon
19 * **Cheesy Beef Nachos w/ Chips** *** Chicken Taco Shaker Salad** - w/ Pinto Beans & Applesauce	20 * **Chicken Sandwich** *** Turkey Sub** *** Ranch Chicken Shaker Salad** - w/ Chili Lime Carrots & Cantaloupe	21 * **Sardella's Pepperoni Pizza** *** Ham Sub** *** Buffalo Chicken Shaker Salad** - w/ Garden Salad & 100% Fruit Punch	22 * **Orange Chicken w/ WG Rice** *** Hero Sub** *** Chicken Caesar Shaker Salad** - w/ Cucumber Coins & 100% Grape Juice	23 * **BBQ Chicken Drumstick** *** Club Sub** *** Popcorn Chicken Shaker Salad** - w/ Tater Tots & Pineapple Tidbits
26 * **BBQ Beans & Beef Franks** *** Chicken Taco Shaker Salad** - w/ BBQ Beans & Sliced Peaches	27 * **Philly Cheesesteak** *** Turkey Sub** *** Ranch Chicken Shaker Salad** - w/ Celery Sticks & 100% Orange Juice	28 * **Sardella's Cheese Pizza** *** Ham Sub** *** Buffalo Chicken Shaker Salad** - w/ Garden Salad & 100% Fruit Punch	29 * **Oodles of Noodles w/ Meat Sauce** *** Hero Sub** *** Chicken Caesar Shaker Salad** - w/ Jicama & Orange	30 * **Chicken Parmesan Sandwich** *** Club Sub** *** Popcorn Chicken Shaker Salad** - w/ Ranch Carrots & Cantaloupe

* This institution is an equal opportunity provider and employer.
* Menus are subject to change based on product availability.

All meals come with choice of 8 oz. 1% milk or 8 oz. fat free chocolate milk

* WG = whole grain